

2024: The Year of the Lightworker





Mediators and Collaborators are already
Lightworkers.



A Lightworker is...

Someone who is dedicated to being a positive influence in the world, believing that their actions can elevate the planet's vibration. Lightworkers are said to have a strong desire to help others and make the world a better place.



We already know how

to change the energy or vibe at the conference table or Zoom screen.
You may not be aware that you are doing it.



Our goal is
to shrink the divide between two people for
the sake of their children and for their own
peace of mind.



Pause • Reflect • Breathe



We are all connected. All part of one Energy.
the All There Is.



Collaboration is a great example of this.
Connect with the team.
Pre-brief, debrief



The United States of America
Larger scale, same problem, same
principles apply



Creative Visualization

This technique is used in training and preparing athletes and generating positive outcomes of all kinds.



Imagine Light filling you and then flowing from you and spreading across America.



May the right outcome materialize!
Harmony, Compassion, Loving Kindness,
Generosity to all, from sea to shining sea!



The Meditation



We can use this awareness in our work, our personal lives and to make a difference in a broader sense.



Every morning at 8:00 AM we spend 10 minutes sending light across the country so that the best outcome will manifest.



THANK YOU FOR COMING

Please let me know if you'd like to practice with us and get the occasional email reminders. You are welcome to join us!



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Good things are happening! If you have any questions, feel free to text me and we will set a time to talk. 914 557-2900.